

Art Island Naoshima

Picturesque beaches and local island culture

広島島

EXPERIENCE / TOUR EXTENSION
3 days

Highlights

- Wonderful and varied art made by traditional and contemporary artists
- A leisurely cycling course, taking in the best parts of the island
- Spend two nights at a traditional Japanese inn and enjoy freshly-caught seafood in the evenings
- Enjoy the picturesque beaches and discover the local island culture

An island in the lovely Inland Sea and a short ferry ride from Okayama which lies to the north on the main island of Honshu, or from Takamatsu which lies to the south on Shikoku, the modern art mecca of Naoshima is well worth a visit. Spend two nights in a Japanese inn and enjoy freshly-caught seafood for dinner.

We recommend visiting Benesse House Museum and also the Art House Project area, where you can see traditional Japanese houses and architecture transformed into modern art. There is also the option to extend this trip with a visit to Bizen in Okayama, to explore and learn how to make the traditional pottery Bizen-yaki, famous throughout the world.

ITINERARY

DAY 1 Travel to Naoshima

Travel by train and ferry to Naoshima, south of Okayama on Honshu and part of Kagawa prefecture on Shikoku Island in the south. Spend your first day winding down to island time at one of the lovely cafes or restaurants around the island.

Accommodation: Minshuku (Family-run Guesthouse)



DAY 2 Exploring the island

Today rent bicycles and take in the many hidden galleries and artworks the island has to offer. The trail winds around the small local neighbourhoods, taking in the highlights of both sides of the island.

Cycling distance: 8.4km / 5.2 miles

Elevation gain: 120m / 395 feet of ascent and 125m / 410 feet of descent

Time required: About 1-2 hours of optional cycling

Accommodation: Minshuku (Family-run Guesthouse)

DAY 3 Depart from Naoshima

Head onwards via a scenic ferry ride and train from Naoshima Island. Spend one final morning on the beach if the weather is nice.

